



Recept geschikt voor: 4 personen | **Moeilijkheid:** 🍳

Vorbereidingstijd: 1 min | **Bereidingstijd:** 13 min | **Totale bereiding:** 14 min

Bertyn producten: Instant Protein Veganmix – 3x 90g Seitanburger

Bron: bertyn.eu | Chef: [Serge Restiau](#) | © Serge Restiau

Instant vegan balls for your tomato soup

Ingrediënten

- 1 litre tomato soup
- 1 sachet Instant Protein Vegan Mix - 3x 90g Seitan Burger from Bertyn (150 g)
- 120 ml water

Bereiding

1. Prepare the seitan mix as shown on the packaging.
2. Mix the instant seitan vegan mix with 120 – 150 ml water.
3. Mix it all together into a dough.
4. Pluck small chunks from the dough and roll these into small balls.
5. Cook it in a little water or bouillon for 5 minutes.
6. Add to your tomato soup and serve hot.