

Recept geschikt voor: 4 personen | Moeilijkheid: 🖵 🖵

Voorbereidingstijd: 15 min | Bereidingstijd: 35 min | Totale bereiding: 50 min

Bertyn producten: <u>Veggie Chili Protein Tops</u>

Bron: <u>bertyn.eu</u> | Chef: <u>Serge Restiau</u> | © Serge Restiau

Vegetarian chicory from the oven with sweet chili seitan

Ingrediënten

- 4 large potatoes
- 4 stumps of chicory
- Veggie Chili Protein Tops
- Bread-crumbs
- Olive oil Verde Salud (Amanprana)

Bereiding

- 1. Clean the chicory and remove the hard pieces. Then steam it completely.
- 2. Prepare the mashed potatoes as you wish (or see below).
- 3. Fry the seitan
- 4. Grease an oven dish with extra virgin olive oil and arrange the chicory in int.
- 5. Put the Veggie Chili Protein Seitan Tops on top of the chicory and then add the mashed potatoes on top.
- 6. Sprinkle some breadcrumbs over the dish.
- 7. Place the dish in the oven at 180 $^{\circ}$ C for 20 minutes. You can also add cheese to your own choice.

Mashed potatoes:

1. Boil the potatoes (unpeeled) in water and with a lid on the pot. When the potatoes are cooked, mash them and add a little milk, nutmeg and an egg. Mix well.